

Malmesbury Marlins ASC Swimmers' Code of Conduct

1. Swimmers will arrive on time and be ready to start swimming promptly.
2. In the event that a swimmer is late he / she will report to the coach and ensure that his / her name is recorded in the register.
3. Swimmers will not leave the pool without permission from their coach as they have to be accounted for at all times for reasons of Health & Safety.
4. Swimmers will complete the session unless by prior arrangement with their coach.
5. Any swimmer having a temporary injury or medical condition which affects their ability to swim must advise the coach at the beginning of the session.
6. Any swimmer becoming ill during a session must advise their coach.
7. Swimmers will take training seriously and not chat to or interfere with other swimmers during a session.
8. Swimmers will observe instructions from their coach at all times.
9. Swimmers will observe the lane discipline for their particular lane and will not stop if another swimmer stops for some reason.
10. Swimmers will wear goggles when required during training.
11. Swimmers with long hair will either tie it up or wear a swimming cap so that it does not impede their performance.
12. Swimmers will bring water bottles to all training sessions so that they can maintain good hydration. These bottles must not have loose or break-off tops.
13. Swimmers will behave in a sensible and dignified manner when using the changing facilities.
14. Swimmers will use the lockers provided to store their clothes. It is advised that these be locked as the Club has encountered security problems in the past.
15. Swimmers will not interfere with other people's property.
16. Mobile phones are not to be used on the poolside or in the changing facilities.
17. When representing the club at Open Meets or Galas, Malmesbury Marlins official swimming hats should be worn.